

CAMPING WITH KIDS

Get kids interested by getting them involved!

- Decide on where to go and pick activities to do
- Plan and shop for meals
- Prepare and pack equipment and supplies

Try a backyard camp out before you go for the first time.

- Teach the kids to set up a tent
- Experience a night outdoors in a sleeping bag
- Look at the stars and listen to the night sounds

Try to experience outdoor activities with your kids!

- Get them familiar with the outdoors to eliminate fears
- Give them camp chores--kids love to help

Take the necessary gear and supplies.

- Pack extra clothing and shoes
- Bring warm clothes and remember to dress in layers
- Pack insect repellent and sunscreen
- Take a first aid kit
- Pack rain gear
- Give each child a flashlight or glow stick
- Don't forget snacks and water

Create memories!

- Take along your camera and extra batteries
- Get disposable cameras for each child
- Keep a journal
- Make a scrapbook of your camping trip
- Take along some craft supplies
- Don't forget a bug jar!

Plan alternative activities.

- Take card games, puzzles and games
- Bring along some books