Mix milk and egg in a small bowl. Set aside. Heat oil over medium heat (350-375 °F). Dip fish pieces in milk/egg mixture. Roll them in flour or other coating material. Place in skillet, don’t overcrowd. Fry each side 3-5 minutes or until brown and flakes easily. Thicker pieces will require longer cooking. Remove from skillet and place on paper towels or bread slices to drain. Serve immediately.