



Fish Recipes

Microwave

fish fillets
lemon pepper seasoning
lemon juice



Pat fillets dry and lay in microwave safe dish (one layer deep). Sprinkle with lemon pepper. Microwave on medium-high until white and flaky. Turn pan and/or rearrange fillets when half done to insure more even cooking. (Cooking time depends on thickness and number of fillets.) Remove from oven and sprinkle with lemon juice. Serve immediately.