5 Five Day Outline
Outdoor Education
3 – 5th Grade Fishing Unit

Time Limit: 40 Minutes
Objective: Students will learn the facts about fishing habitat and safety rules, regulations, and casting.
  • Safety tips
  • Regulations
  • Habitat of fish
  • History of fishing
  • Casting
  • Quick fishing facts

Day 1
Materials: Fish Iowa! 3 ring binder, mobile computer lab on wheels.
A. History of fishing
   1. Commercial fishing
   2. Recreational fishing
   3. Iowa fishery, stocking streams and lakes

B. Quick fishing facts (yellow fact sheet)
   1. Who needs a license
   2. Where can I get a license

C. Activity: Online fishing games (www.topfishinggames.com)

Day 2
Materials: Fish Iowa 3 ring binder, fishing poles, life jackets, safety kit, fishing poles.
A. Safety (Fish Iowa 3 ring binder, Unit 1)
   a. Floating devices, proper fitting, age limit for life jacket in boats
   b. Safety kit (What is needed in a safety kit)
   c. Proper spacing when fishing a group of students
   d.
B. Quick fishing facts (yellow fact sheet)
   a. Where can one go fishing
   b. How many poles can one have when fishing

C. Casting, Unit 4 (Fish Iowa! Manual)
   a. Two handed cast
   b. Side arm cast

D. Activity: Basic casting out in to a big open space, working on technique rather than hitting a target.

Day 3
Materials: Fish Iowa! 3 ring binder, fishing poles, scooters, fish identification posters, Fish Iowa! card game
A. Review casting

B. Fish Characteristics, and Habitats Unit 2 (Fish Iowa! 3 ring binder)
   a. Card game played like go fish
b. Memory game
   c. Tag game (Billy Bass tag) scooters

C. Activity: Trophy fishing casting game

**Day 4**

**Materials:** *Fish Iowa!* 3 ring binder, fishing poles, tackle, gummy worms, mobile lab

A. Review casting

B. Baits and Lures unit 4 (Fish Iowa 3 ring binder)
   a. Putting bait on hook
   b. What type of lure or bait used for different types of fish
   c. Tying a knot on eye bolts

C. Regulation size, how many one can keep
   a. River regulation
   b. Lakes regulation

D. Activity: fish games on the mobile lab

**Day 5 – Students go fishing**

Goerge Wyth Lake, fishing with the DNR conservation officers