

## A LITTLE RESPECT

- Respect private property.
- Don't litter, and pick it up when you see it.
- Respect other paddlers, innertubers, and anglers on the water!



## PLAN AN ADVENTURE

- Always have a life jacket! Iowa law requires life jackets for each person in any type of vessel.
- Use Iowa DNR's interactive "paddler's" map to locate liveries for boat rentals and shuttles. Just find the stream you want to paddle and zoom in to find outfitters, reported real-time hazards, access information and more!
- Iowa DNR's trip planning guide has more details to get expert advice for your next river trip.

# PADDLE SAFE!



Plan Your Trip



## WEAR AND BRING THIS STUFF!

Life jackets are always essential and required. For cold weather or cold water they provide additional warmth.



## WEAR IT!

- Life jackets save lives! State law requires you to have it with your vessel at all times.
- Any child 12 and under must wear their life jacket when the vessel is underway.
- Get wet if you are too hot.



## KNOW BEFORE YOU GO

- Check the weather forecast and water levels and flows.
- Learn about and study your route in advance.
- Know where your take-out access is.
- Plan your shuttle needs.

## AVOID THESE!

**Strainers** are downed trees with current flowing through them. Getting caught on the upstream side of them and flipping is a common cause of death on Iowa rivers.



Don't boat under the influence. **Stay Alert!**



**Low-head dams** can be tough to see from upstream. They may not look dangerous, but have deadly recirculating currents. Watch for warning signs, listen for rushing water, and get out and scout when in doubt.

