DUTCH OVEN COOKING MENU

**Friday Afternoon**
Mountain Man Breakfast
Breakfast Pizza
Caramel Apple Crisp
Pecan Praline French Toast Casserole

**Saturday Afternoon**
Zesty Sloppy Joes
Hungarian Goulash
The Once And Future Beans
Pumpkin Dump Cake
Cherry Chocolate Cake
MOUNTAIN MAN BREAKFAST

INGREDIENTS:
8    Eggs
1    lb sausage
1    Medium Onions Chopped fine
1    16 oz Mushrooms, sliced
1    Bag Frozen Hash Browns
1    Bag 8 oz. Grated Cheese.
1 to 2 Peppers (Bell, Poblano, any kind you want, depending on the “Heat”), chopped.

PREPARATION:
In a Dutch Oven, brown the sausage and drain the fat. Add the onion, peppers, and mushrooms and sauté until cooked. Add hash brown potatoes and brown a little. Mix eggs and a little milk until well blended and pour on top of the mixture in the Dutch Oven. Place lid and bake for 20 to 30 min, until the eggs are cooked. Sprinkle with Cheese and bake for 5 to 10 min more.

http://troop385.net/cooking/Breakfast/Mountain%20Man%20Breakfast.pdf

BREAKFAST PIZZA

INGREDIENTS:
1 can crescent rolls
1 lb sausage; browned & drained
3 Tbs. diced red bell pepper
3 Tbs. diced yellow bell pepper
1 cup thawed frozen hash browns
1 green onion; sliced
1 cup shredded sharp cheddar
3 eggs; beaten
3 Tbs. milk
1/2 tsp. salt
1 tsp. ground black pepper
3 Tbs. parmesan cheese

PREPARATION:
Unroll the crescent rolls. Line the bottom of a 12" Dutch Oven with a layer of flattened crescent rolls. Sprinkle evenly with sausage, bell peppers, hash browns, green onion, and cheddar cheese. In a medium bowl whisk together eggs, milk, salt and pepper. Pour egg mixture evenly over top of pizza. Sprinkle with parmesan cheese. Cover and bake using 8-10 briquettes bottom and 12-14 briquettes top for 20-30 minutes until eggs are set.

http://papadutch.home.comcast.net/~papadutch/dutch-oven-recipe-breakfastpizza.htm
CARMEL APPLE CRISP

INGREDIENTS:
FILLING
8-10 large granny smith apples; peeled, cored and sliced
2 Tbs. lemon juice
2/3 cup sugar
1/3 cup flour
2 tsp. ground cinnamon
3/4 tsp. ground nutmeg
1/4 tsp. ground cloves
3/4 tsp. salt
1 (12 oz.) jar caramel sauce

TOPPING
2 cups brown sugar
2 cups flour
1 cup instant oatmeal
1/2 cup chopped walnuts
1 cup butter; melted

PREPARATION:
In a buttered 10" Dutch Oven add apples and lemon juice; stir to coat apples. In a separate dish combine sugar, flour, cinnamon, nutmeg, cloves and salt; stir to mix. Pour dry ingredients over apples and stir until apples are well coated. Spread out apples and pour caramel sauce over the top. In a medium bowl combine brown sugar, flour, oatmeal, and walnuts; stir to mix. Using a fork mix in melted butter to form coarse crumbs. Spread topping evenly over apples. Cover Dutch Oven and bake using 10-12 briquettes bottom and 16-18 briquettes top for 60 minutes.

PECAN PRALINE FRENCH TOAST CASSEROLE

INGREDIENTS:
FRENCH TOAST:
1 Loaf French Bread
8 Eggs
2 Cups Half-&-Half
1 Cup Milk
2 Tbls Sugar
1 Tsp Vanilla Extract
¼ Tsp Cinnamon
¼ Tsp Nutmeg
1 Dash Salt
Maple Syrup

PRALINE TOPPING:
2 Sticks Butter softened
1 Cup Packed Light Brown Sugar
1 Cup Pecans Chopped
2 Tbls Light Corn Syrup
½ Tsp Cinnamon
½ Tsp Nutmeg

PREPARATION:
Slice French bread into 1" slices. (about 20). Arrange slices in a buttered 12” Dutch Oven. Slices will overlap. In a mixing bowl, mix the eggs, half & half, milk, sugar, vanilla, cinnamon, nutmeg and salt. Whisk until well mixed, but not too bubbly. Pour mixture over the bread slices, making sure that all the slices are covered with the egg mixture. Set aside to let bread soak up the egg. Clean the mixing bowl. Combine all the Praline ingredients in the mixing bowl and blend well. Spread/Sprinkle the Praline Topping over the bread in the Dutch Oven and bake for 40 min., until puffed and lightly browned. Serve with Maple Syrup.
ZESTY SLOPPY Joes

INGREDIENTS:
1 lb ground beef
½ chopped onion
½ chopped green pepper
1 (10 oz) can tomato soup, undiluted
1 (8 oz) can thick & zesty tomato sauce
½ c packed brown sugar
2 Tbs ketchup
3 Tbs Worcestershire sauce
1 ½ tsp prepared mustard
1 ½ tsp ground mustard
½ tsp chili powder
½ tsp garlic salt
1 can crescent rolls

PREPARATION:
In a Dutch oven over a full spread of coals, brown the beef and onion. Add the green pepper. Cook and stir 5 minutes and then drain off any grease. Add the next 10 ingredients and bring to a boil. Once boiling, use approximately 9 coals on the bottom and 10-12 on top and allow to simmer. Unroll the crescent rolls. Line the top of the Dutch Oven with a layer of crescent rolls. Bake for 15-20 minutes until biscuits are browned.


HUNGARIAN GOULASH

INGREDIENTS:
1 lb lean ground beef
1 large onion; diced
1 large green bell pepper; diced
1 cup fresh mushrooms; sliced
2 cloves garlic; minced
1 1/2 cups frozen whole kernel corn
1/2 cup olives; sliced
2 cans tomato soup
2 1/2 soup cans water
2 1/2 tsp. paprika
1/2 tsp. cayenne pepper
2 tsp. salt
12 oz. bag pasta shells
3 cups grated cheddar cheese

PREPARATION:
Brown ground beef in a 12" Dutch Oven using a full spread of coals on the bottom. When beef has been browned add onion, bell pepper, mushrooms, and garlic. Sauté until vegetables are tender. Add corn, olives, tomato soup, hot water, paprika, cayenne pepper, and salt. Stir to mix well. Bring contents to a boil then stir in pasta shells. Place lid on Dutch Oven and bake using 10-12 briquettes bottom and 14-16 briquettes top heat for 30-40 minutes. Sprinkle cheese over top and bake for an additional 10 minutes until cheese is melted.

http://papadutch.home.comcast.net/~papadutch/dutch-oven-recipe-goulash.htm
THE ONCE AND FUTURE BEANS

INGREDIENTS:
3 cans Great Northern or Navy beans
1 pound bacon, chopped
1 onion, chopped
2 jalapenos, chopped (optional)
¼ cup tomato paste
¼ cup dark brown sugar
¼ cup molasses
Vegetable broth
¼ teaspoon cayenne pepper
1 teaspoon black pepper
2 teaspoons kosher salt

PREPARATION:
In a Dutch Oven over a full spread of coals, brown the beef, onion and jalapenos. Once cooked, stir in the tomato paste, dark brown sugar, and molasses. Drain the beans and reserve the soaking liquid. Add the drained beans to the Dutch oven. Place the soaking liquid in a measuring cup and add enough vegetable broth to equal 4 cups of liquid. Add the liquid to the Dutch oven and bring to a boil over high heat. Add in cayenne, black pepper and salt. Give them a stir and cover with the lid.


PUMPKIN DUMP CAKE

INGREDIENTS:
15 oz can pumpkin
1 teaspoon cloves
12 oz nonfat evaporated milk
2 teaspoon cinnamon
1 teaspoon ginger
½ teaspoon salt
4 eggs
1 package yellow cake mix
1 c white sugar
½ c melted butter or liquid margarine
1 teaspoon nutmeg
1 cup pecans, chopped
PREPARATION:
In a large bowl, stir together pumpkin, sugar, salt, nutmeg, ginger, cloves and cinnamon. Stir in the milk, then beat in the eggs one at a time. Pour pumpkin mixture into Dutch Oven. Sprinkle the yellow cake mix over the pumpkin mixture, then sprinkle on the pecans. Drizzle melted butter over all. Bake with 14 coals on the top and 7 coals on the bottom until the edges are lightly browned.


CHERRY CHOCOLATE CAKE

INGREDIENTS:
1 box chocolate cake mix
16 oz can cherry pie filling
12 oz can Sprite

PREPARATION:
Combine all three ingredients in Dutch Oven, in order listed above, and mix until blended. Put lid on Dutch Oven.