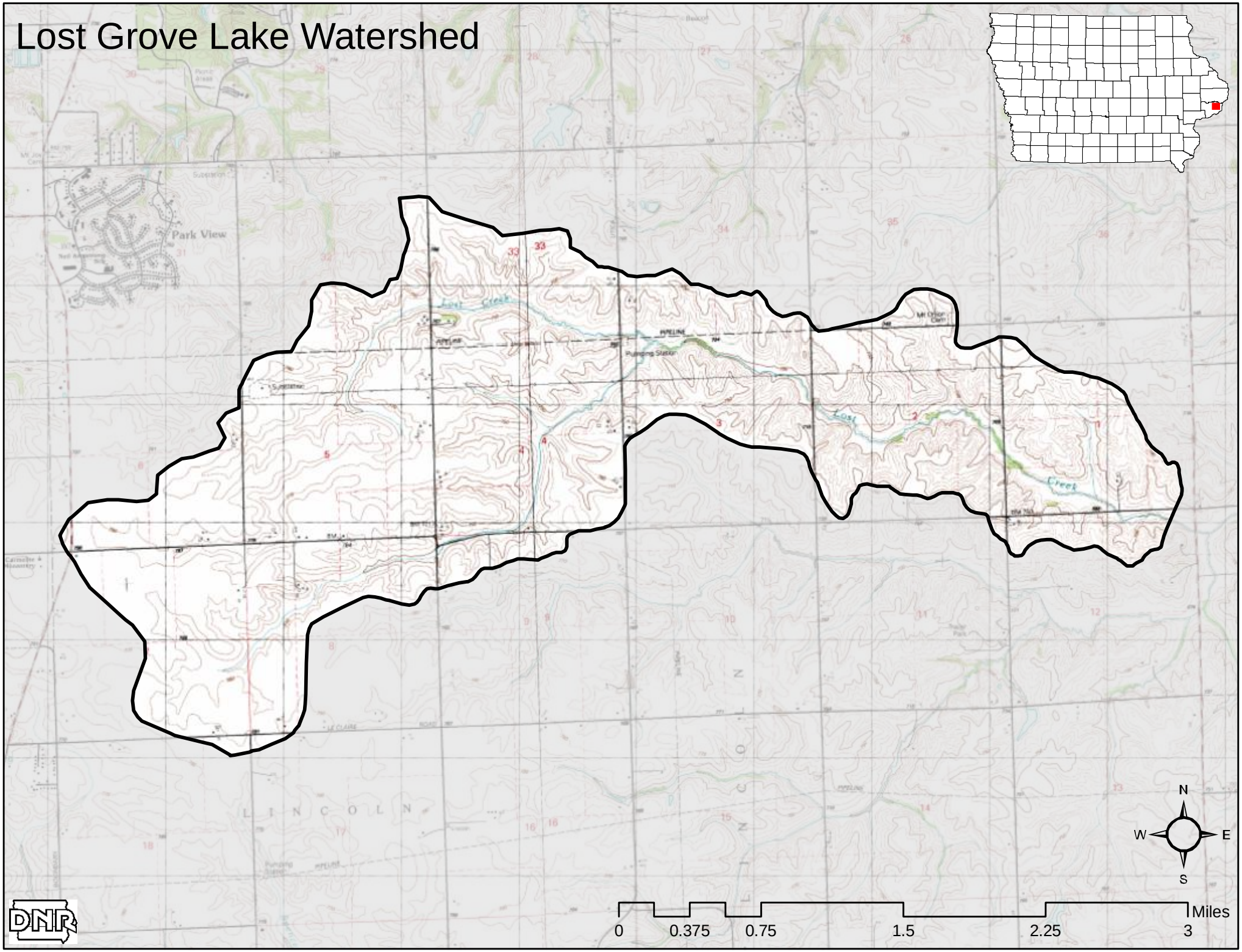Lost Grove Lake Watershed