

# Project AWARE Supply Checklist

An *“italicized”* denotes those things that are required

## Don't Leave Home Without It

- Identification\**
- Driver's license
- Cash
- Credit card
- Phone calling card
- Health insurance information\**
- Water containers\**
- Personal Cooler for Lunches\**

## First Things First

- Dry Bag
- Spare paddle
- Life jacket – Appropriately sized\**
- Seat pads
- Duct tape
- Bilge Sponge or Bailer
- Rope or bungee cords to secure day packs
- Car keys
- Rope or nylon webbing with carabineer on each end for bow line on canoe

## Shelter From The Storm

- Tent
  - Rain fly
  - Stakes
  - Poles
  - Ground cloth
- Sleeping bags
- Air/Ground Mattress
- Camp chairs or butt pads
- Camp pillows

## Come And Get It!

- Reusable Dinnerware\**
  - Silverware
  - Plate
  - Cup
  - Bowl
- Daily snacks/trail mix
- Biodegradable soap
- Waterless Hand Sanitizer
- Dish towel
- Extra zip lock bags

## That Rainy Day Feelin' Again

- Flashlight or headlamp
- Fresh batteries, spares, and spare bulbs
- Paperback book
- Journal, notebook, or sketch pad
- Pencils and pens
- Travel board games
- Playing cards
- Binoculars
- Bird and plant books
- Hacky sack
- Frisbee

## Dress For Success

**TIP:** Pack fresh clothes in Zip-lock bags and put a fabric softener sheet in each bag.

- River Footgear (trashed out tennis shoes or boots – sandals NOT recommended)\**
- Full-fingered Work Gloves\**
- Camp shoes, mocs, or sandals
- Extra Socks
- Extra set of warm, dry clothes\**
- Bandanas
- Windbreaker
- Rain pants\**
- Rain jacket\**
- Cap with sun visor
- Sunglasses
- Safety Strap for Glasses

## Thanks For The Memories

- Waterproof or cheap disposable camera
- Fresh film
- Fresh batteries and spares

**You will get wet, scratched & sunburned.  
So above all else, bring a positive attitude!!**

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## Gettin' Personal

- Toilet Paper
- Toothbrush
- Toothpaste
- Floss
- Deodorant
- Hair brush or comb
- Soap & Shampoo
- Towel & Wash cloth
- Shower sandals
- Chapstick – Lip Gloss
- Waterproof Sunscreen
- Bug Repellent
- Hand and body lotion
- Pain reliever
- Personal medications
- Emergency coins and money
- Spare eyewear
- Baby wipes
- Gold Bond powder/Sports cream
- Poison Ivy preventative (Technu™)
- Solar Shower

## Tools of The Trade

*These tools have proven useful on river cleanups. The items are merely suggestions – nothing is required. If you bring your own tools, you may wish to distinctively mark them.*

- Long handled net or “Trash Grabbers”
- 5-10 gallon buckets with handles
- Rope, Cam Straps and/or Bungees
- Garden Trowel (for getting mud out of tires)
- Multi-tool
- Pocket Knife
- Collapsible/Foldable Shovel or Spade
- Bow Saw & spare blade(s)
- Tow Strap with hooks
- Come Along
- Bolt Cutter
- Pick Axe
- Sledge Hammer
- Tin Snips
- Fence Pliers
- Crescent Wrench

## Survival/First Aid

**Tip:** *All items can be packed into the water bottle to keep them protected. A first aid kit can be attached to the bottle with a carabineer.*

- 32oz. Lexan (i.e. Nalgene) water bottle
- Aluminized Polyester Emergency Blanket
- Windproof Lighter
- Whistle
- Compass
- Waterproof matches
- Fire Starter or Candle
- Multi-tool with knife
- First Aid Kit

