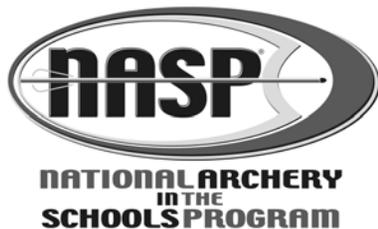


## Competitive NASP Archery in Iowa

Many schools offering NASP archery as part of the in-school curriculum also field competitive teams for the winter Iowa NASP archery season. Statewide league events are scheduled through the DNR and conducted in school gymnasiums between the months of December and the end of February with the Iowa State NASP Championships the last weekend in February. Qualifying school teams and individuals may also attend the NASP National Championships in Louisville, KY in May where over 6,000 archers competed in 2010.



*NASP participants have shown improvements in school attendance, discipline and self-esteem*

**For More Information Contact:  
Iowa DNR Shooting Sports Program  
502 E 9th St. Des Moines, IA 50319  
515-281-5918**

[www.iowaDNR.gov](http://www.iowaDNR.gov)

Join our email list serve—send a blank email to:  
[join-iowanasp@lists.ia.gov](mailto:join-iowanasp@lists.ia.gov)

### EQUAL OPPORTUNITY

Federal and State law prohibits employment and/or public accommodation (such as access to services or physical facilities) discrimination on the basis of age, color, creed, disability (mental and/or physical), gender identity, national origin, pregnancy, race, religion, sex or sexual orientation. If you believe you have been discriminated against in any program, activity or facility as described above, or if you desire further information, contact the Iowa Civil Rights Commission at 1-800-457-4416, or write to: Director, Iowa Department of Natural Resources, Wallace State Office Building, 502 E. 9th, Des Moines, Iowa 50319-0034.

## Iowa National Archery in the Schools Program

Helping Kids One Arrow at a Time



# Iowa National Archery in the Schools Program (NASP)

**What if there was a program in schools that taught all students responsibility, discipline and respect?**



*Archery is a sport enjoyed by boys and girls in thousands of schools world-wide.*

**What if?**

**Attendance:** A program students enjoy so much that it has the power to influence school attendance on the days it is offered.

**Physical Activity:** A program that involves physical activity in which virtually every student can participate and in which boys and girls can participate together.

**Subject Matter:** A program that translates into interesting subject matter for math, science and history teachers.

**After school:** A program that translates into an extra-curricular activity that puts athletes and non-athletes on a level playing field and that students routinely share with friends and family.

**Archery safety:** A program the National Safety Council rates more accident-free than every popular ball sport.

**Out-of-doors:** A program that teaches a lifelong physical activity so intriguing it can compete with computer games and TV, getting students off the sofa and out-of-doors.

**Self Esteem:** A program that routinely transforms previously unreachable students by enhancing their self-esteem.

**Changes lives:** A program that has the ability to touch, transform, redirect, lift and change individual lives forever.

## Iowa's National Archery in the Schools Program

The National Archery in the Schools Program (NASP) is designed to teach international-style target archery as part of a 2-week unit in physical education classes, in grades 4 through 12. NASP was introduced in Kentucky as a joint venture between state Game and Fish and Department of Education agencies. To date, 47 states and 3 countries have joined the NASP and over 150 Iowa schools are participating (2010 data).

Archery is a non-discriminating sport. It helps build muscle endurance and flexibility, develops hand-eye coordination and improves grip and body strength. Boys and girls, and students with disabilities can compete together on an equal playing field.

## Teacher Training and Equipment

The Iowa DNR offers a standardized Basic Archery Instructor (BAI) training course at zero cost for school teachers getting started in NASP archery instruction. The one-day training sessions are conducted in school gymnasiums frequently across the state.

NASP equipment for schools is typically purchased as part of a 'kit' containing 11 bows, 5 targets, 5 dozen arrows a backstop net and repair kit. This equipment kit costs around \$2500. Schools offering NASP as part of the in-school curriculum may apply for 50% match grants through the Iowa Archery in the Schools Foundation. The remaining 50% is frequently donated by local conservation and community organizations.



*Archery promotes core subject matter such as mathematics and builds teamwork skills.*