



## 2010 Iowa National Archery in the Schools Program NASP Statewide League

- Dates:** December 19, 2009 through February 27, 2010. Contact the DNR to schedule or find a league event. League events must first be scheduled with the DNR at least one week prior to the event date in order to be league approved.
- Eligibility:** Every competitor must attend a school offering NASP lessons as part of the in-school curriculum. The league is open to grades 4-12 with elementary (4-6), middle school (7-8) and high school (9-12) divisions.
- Venue & Shoot Safety:** The archery range must be set up in accordance with NASP standards. League events may be conducted in school gymnasiums or other suitable indoor locations. Event must be supervised by a certified NASP instructor and standardized NASP whistle commands will be used throughout the event. It is recommended to have a 2:1 ratio of spectator seating to participants in the event.
- Team Registration:** Coaches must submit their team registration to the DNR prior to attending their first league event. Three sets of registration forms are required; 1. Team registration 2. Coach registration and 3. Participant registrations. The head coach will be responsible for completing and returning all paperwork to the DNR prior to attending their first league event. Once registered, each archer will be issued an Iowa NASP wallet card with their unique archer number. Cards will be mailed to the team's head coach of record and should be carried to each Iowa NASP event attended by the archer. **Please allow up to 3 weeks for processing of participant cards. New cards will be issued each year.**
- Rules and Scoring:** League events must be between two or more schools with different coaches for each school in order to be league approved. Scores must be recorded on approved scoresheets, verified and signed by two archers from different schools (typically the 'lane set' of archers), and submitted to the DNR within five days of completion of the shoot. The match director must submit the electronic shoot summary report to the DNR within 3 days of completion of the shoot. There is no limit to the number of league events attended by a school. Contact the DNR for shoot application materials.
- Team definition:** Teams will be separated by division with elementary (4-6), middle school (7-8) and high school (9-12) divisions. Teams will consist of between 16 and 24 archers with at least 5 team members of opposite gender per division. Archers from a lower division may 'shoot up' to a higher division if necessary to make a team. Schools not able to field an entire team will be able to field individuals at league events. There shall be only one competitive NASP team per division, per school.
- Awards:** Awards for the league will be presented to the top Iowa-based teams and individuals in each division upon completion of the league. Awards will be based on the running average of two or more league-approved events. Individuals participating in more than two league events will count all scores toward their average. All scores shot must be turned into the DNR. The cumulative total of an individual's average league score plus their state shoot score will be used to make up all-state teams. Awards at each individual league shoot shall be the responsibility of the match director.

# 2010 League Details

## I. Participation

- NASP Schools: Every competitor must attend a school offering NASP lessons as part of the in-school curriculum.
- 4-12th Grade Students: Only students who are in grades 4-12 by the date of the tournament may participate.
- Team Size: NASP archery teams must contain 16-24 students, at least 5 of which must be of the opposite gender.
- A student below 4th grade may participate if documentation from the school principal is provided indicating the student has participated in the school's NASP classes and can safely perform all tournament procedures and with NASP-specific equipment.
- Shooting "Up": A student, who by grade is in a younger Division (elementary or middle school), may shoot "up" for a team in an older Division, if the student is from the same school or same district and both schools offer NASP as an in-school curriculum.
- Single Gender or Small Schools: If the school is all male or female, opposite gender participants may come from other NASP schools in the same city, county, or school district. If the school contains fewer than 100 students (combination of all grades) the team may be comprised of students from other participating NASP schools in the same city, county, or district.

## II. Equipment

**Only equipment specified for use in the National Archery in the Schools Program may be used in the tournament.**

- Bows: Only the stock (original), unmodified Genesis™ bow approved for NASP may be used.
- Only thread knots or heat shrink nock locators will be permitted to be used (1 or 2). Brass nock locators are prohibited. Instructions for tying on a nock locator are available at [www.nasparchery.com](http://www.nasparchery.com)
- The bow must be sight and sight-mark free. Camouflage bows may be used, but the face of the riser window must be covered to prevent camouflage lines serving as sight-marks. Tape or paint placed to cover sight marks must remain in place throughout the competition. Range officials will not cover sight marks. It is important that archers and coaches check every bow for compliance before their flight time.
- The bow must be free of draw stops or stabilizers.
- The bowstring and cables may be "after-market" but of the same approximate length.
- The cable guard, slide, wheel, cam, bearings, riser, and limbs must be original and unmodified.
- An archer's bow may be personalized by painting, stickers, etc. as long as sighting aids are created.
- The arrow rest must be original and unmodified.
- All bows must be on bow racks for range official inspection before shooting begins.
- Once shooting begins no bows may be taken behind the waiting line, without range official approval.
- Loaner Bows: Archers are encouraged to bring their own NASP bows. A very small number of "loaner" bows may be available in case of equipment failures. Call ahead to match director to confirm.

**Arrows: Only arrows and arrow components approved for use in the NASP National Tournament may be used. At the 2010 National Tournament, two different arrows may be approved.**

**One arrow may be the standard Easton Genesis 1820 full length aluminum arrow. If this arrow is used:**

- Arrow nocks must be the NASP standard which is glued on a swaged shaft end of the arrow shaft.
- Arrow points must be the NASP standard; glue-in, cone shaped and weighing 60 grains.
- Arrow vanes must be soft plastic, 2.8" long and no more than .5" in height and attached to the shaft with a straight off set of approximately 1.5 degrees. There may only be 3 vanes on the arrow.
- Arrow vanes may be marked for purposes of identification.
- The arrow shaft may be marked, crested, or taped above the mid-point (towards the nock) for purposes of identification.

- Arrow Supplies: Tournament officials may provide 5 arrows (and replacements as needed) in each archer's floor quiver. Personal arrows may be used but must meet standards outlined above, be uniquely marked to identify the archer's arrow, and placed in provided floor quivers. Contact match director regarding supply of arrows at events.

#### **Accessories:**

- Archers may wear finger tabs, tape, or gloves to protect draw-hand fingers.
- "No-glove" finger-protection devices may be placed on the bowstring.
- Archers may wear arm guards to protect the bow arm.
- Finger or wrist slings are allowed but may not be attached to the bow by bolt, screws, wire or brackets.
- Mechanical release aids are not allowed.
- "Sims" vibration dampeners on the bow limbs are allowed.

**All bows, arrows, and accessories used by participants may be subjected to inspection, including dismantling at the discretion of tournament officials. Anyone found using disallowed equipment or modifications will forfeit their awards and be disqualified from the rankings. Disqualification could also affect their team's rank.**

### **III. Competitive Format**

#### **Range Set-Up**

- Targets will be the standard NASP 80 cm FITA face with 10 scoring rings.
- Target butts will be placed directly on the floor similar to the height of school butts.
- The target line will be approximately 2 yards or meters from the target butts.
- There will be 10 and 15 meter shooting lines.
- The waiting line will be at least 4 yards or meters beyond the 15 meter shooting line.
- Spectator seating will be placed as close as possible behind the waiting line.
- Shooters occupying a lane will be from different schools
- Whistle Signals: NASP whistle commands will be used to operate the range.
  - 5+ whistles for an emergency
  - 2 whistles to "get bow"
  - 1 whistle to "shoot",
  - 3 whistles to "go get arrows"
- Archers must walk when moving about the range.
- Archers must remain standing when at the targets scoring and pulling arrows.
- While both archers may approach the target when scoring, only one archer may remain at the targets when arrows are pulled. The other archer must be safely behind the target line while arrows are being pulled.
- Archers must cover points with one hand and grasp the shaft below the vanes with the other when carrying arrows.

#### **Order of Shooting**

- Each archer will shoot one practice end of 5 arrows at 10 meters and then shoot 3 scoring ends of 5 arrows
- (15 arrow total) at 10 meters. This will be repeated at 15 meters.
- Archers will have 2 minutes to shoot each 5-arrow end. An alert may be provided near the conclusion of each end. For tournament management purposes, no time clock will be in view of the archers.
- An arrow that bounces off the target may be shot again as instructed by range officials.

#### **Scoring:**

- All arrows must be scored before any arrow or the target's face is touched.
- Beginning in the center of the target, scoring rings are 10, 9, 8, 7, 6, 5, 4, 3, 2, & 1.
- An arrow touching the lines awarded the higher value.
- An arrow that isn't in a scoring ring is awarded "O" points.
- The "X" ring in the center of the 10 is simply scored as a 10.

- Team scores are the summation of the team's highest 12 individual scores – with at least 4 archers of both genders.
- Scannable (bubble-type) scorecards or official paper cards provided by the DNR may be used. Archers should practice with these types of scorecard before coming to a league event. Sample bubble-type cards may be downloaded @ [www.archeryintheschools.org](http://www.archeryintheschools.org)
- Both archers should walk to the target in their lane.
- Both scorecards will be on the same score board.
- One archer will call arrows he/she shot while the other records the scores of these arrows.
- Archers will then reverse roles with the other calling arrows he/she shot while the other records
- If archers cannot agree on an arrow's score, a range official must be asked to make the final decision.
- The Scorecard must be signed by the archer and lane-mate at the conclusion of shooting and scoring.
- Range officials will gather signed scorecards at the conclusion of each flight at the target.
- Only the student archer and tournament officials will be allowed downrange of the waiting line

#### **IV. Awards**

- Awards at each league event will be at the discretion of the match director and will be the responsibility of the match director and host school. Awards may be for both teams and individuals. The Iowa DNR will present cumulative league awards at the state championship event on March 6<sup>th</sup>.

#### **V. Protests**

- Any protests regarding equipment compliance or scoring should be taken to the match director.
- Only a team's head coach may file a protest
- Any protest not able to be resolved by the match director shall be ruled on by the DNR Shooting Sports Coordinator. The Shooting Sports Coordinator shall make the final determination on league protests.