

# Growing Up WILD Lesson

**Participant Name:** Sherri Pavelec

**Current Teaching Situation:** I am not currently teaching but this lesson will be for preschoolers

**Activity:** The Deep Blue Sea, Pages 28 – 29

## Outline use of activity components:

**I. Warm up:** Begin with questions “What is an ocean”, “What do you know about oceans?”, “What kind of animals live in oceans”.

## II. Large group activities:

Ready, Set, Go!: Read books about ocean animals. Discuss “What animals live in the ocean?” “How do they move around?” “What else do we know about them?”

Music & Movement: *Did you ever See a Sea Animal?*

Music & Movement: *Who lives in the Ocean?* (Materials needed—color, cut out and laminate Ocean Animal Cards from pages 76 & 77).

Centers & Extensions: *Watery Globe* (materials needed—inflatable globe)

Centers & Extensions: *How Big is a Whale?* (materials needed—tape, yard stick, pictures of whales)

## III. Small group activities (Centers) Vary centers from day to day

(a) Ready, Set, Go!: Salt water tasting (materials needed—tap water; glass of water with 1 tsp of salt stirred in; and two small paper cups for each child)

(b) Healthy Me!: Exploring foods that come from the ocean (materials needed—a can of tuna, a can of sardines, a jar of clams, a package of dried seaweed, sea salt, ect.) Modification-check to make sure there are no children with shellfish allergies!

(c) Helping Hands (materials needed—gloves for each child and a sack for the garbage) extra adult help will be needed; could be a large group activity, also.

(d) Mighty Math (materials needed—a collection of different seashells).

(e) Centers and extensions: *Ocean Animal Cards* (materials needed-- color, cut out and laminate 2 sets of Ocean Animal Cards) Children match up the animals.

(f) Beach Snack: (materials needed—food processor, granola, clear cups, blueberry yogurt, gummy fish, spoons, measuring cups for blueberry yogurt and granola) Children get to eat their creation!

(g) Art Projects:

\**Handprint Sea Animals* (materials needed—paper, paint, paint brushes, wiggly eyes)

\**Sea Sponge Painting* (materials needed—sea sponges, paint, paper)

\**Salty Scene* (materials needed—crayons, white paper, solution of 1 cup warm water, 1/3 cup table salt, and blue food coloring, paint brushes)

\**Ocean Mural* (materials needed—large piece of butcher paper, blue paint, brown paint, newspaper, lunch bags, green crepe paper, paint brushes, glue, sand (optional), children created ocean animals, or animal cutouts to put on mural). Keep out all week

## IV. Local natural area, guest speaker:

(a) Bring in a Science teacher with a strong knowledge of the ocean and ocean life to speak to the children.

(b) Encourage parents who have had a great ocean vacation to share their pictures and experience.

## Description of your outdoor exploration:

*A Day at the Ocean*—the location will be the playground

Make a list on chart paper of the items we might want to take with us to a beach by the ocean. Gather items, including a snack, blankets, and drinks to take outside. Consider having children put on bathing

suits if it is a hot day. Have a sprinkler set up and also set up a water/sand table layered with sand and a few rocks (children can add own water). After sufficient water has been added let children squirt in a few drops of blue food coloring and add plastic toy boats and plastic ocean animals. Have a reading area set up under a tree with a blanket and ocean books. Make sure to have some beach balls blown up for children to throw and chase around for a large motor activity! Don't forget the sunscreen.

**List age appropriate literature (books, periodicals, websites) that can be used as a part of activity:**

*Ocean Life from A – Z* by Cynthia Stierle; *A Swim through the Sea* by Kritin Joy Pratt--read during large group to help start discussion of ocean animals.

*Over in the Ocean: In a Coral Reef* by Marianne Berkes—read during large group, have children clap and count to keep the rhythm as you read.

*Face to Face with Whales* by Flip and Lind Nicklin—read during large group before the activity *How Big is a Whale?*

[www.montereybayaquarium.org](http://www.montereybayaquarium.org) and [www.oceanconservancy.org](http://www.oceanconservancy.org) are two websites that have great pictures of the ocean and ocean life. Let children enjoy looking at the pictures and discuss.