Fish Recipes
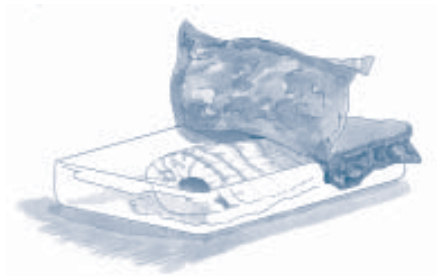
Baked Fish

2 lbs. whole fish, large fillets, or steaks
1/2 c. melted butter
1 T. lemon juice
vegetable oil

   Heat oven to 375 $^\circ$F. Lightly oil the bottom of a 9 x 11-inch baking pan or casserole. Place fish in pan. Mix lemon juice and melted butter in a small bowl. Using a pastry brush, coat fish with butter/lemon mixture. Cover pan and bake 30-40 minutes or until meat is white and flakes easily. Baste with butter and lemon mixture every 10-15 minutes. Serve immediately.